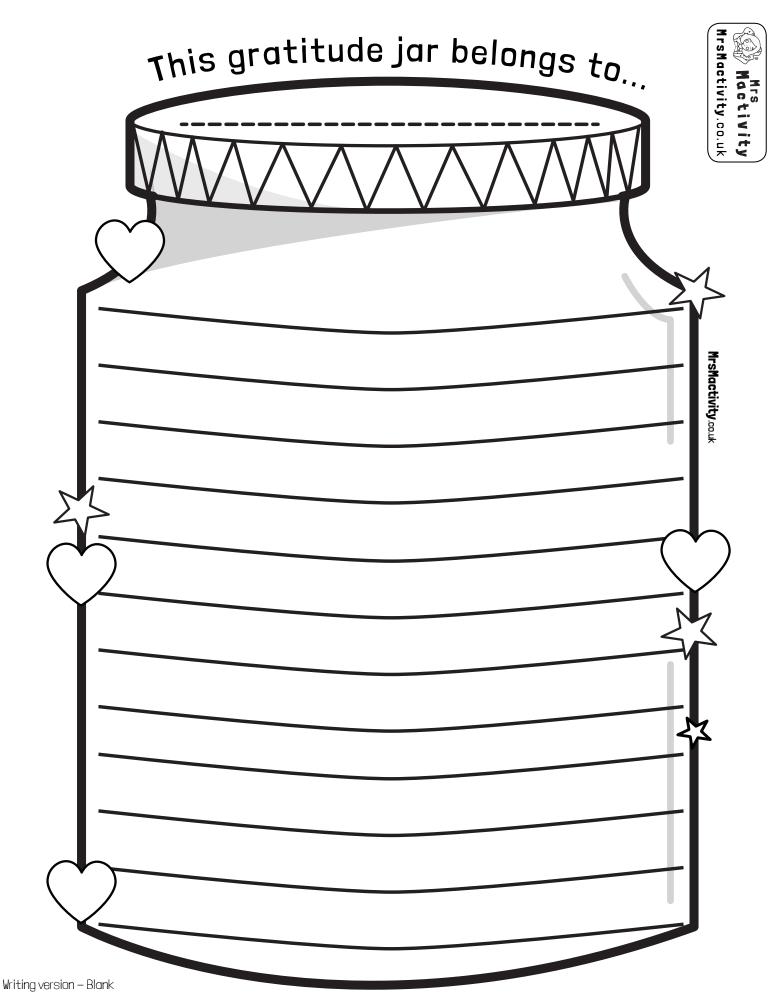
Let's think of everything you're thankful for. It can be someone or something very small or ordinary or huge and exciting. Anything that makes you happy and grateful. This is what 'Gratitude' feels like and it's important to feel it often, as it makes you appreciate things around you a lot more!



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