# KS2 Relationships: Our Special People



Home Learning: Friends and family

Play this slideshow from beginning



# We are learning about what is important in friendships and family relationships

#### We will be able to:

- identify the qualities of positive friendships and family relationships
- explain how friends and family show they care for and value each other
- describe what is most important in a friendship or family relationship
- recognise that friendships and family relationships may change for different reasons and how to manage this

# Missing someone special

When we can't see our special people as often as we would like, it can make us feel sad or we might feel worried or concerned for them.

If you miss seeing someone special a lot or you feel worried about somebody you don't see very often, remember to talk to an adult you trust – your mum, dad or the person who looks after you.

If you feel you don't have anyone to talk to, you can always call ChildLine on 0800 1111 where trained counsellors can give you advice.



## Special People – Friends and Family

## Where are we now?

Well done on completing the activities!

Now go back to the 'What's your starting point?' activity.

**Draw or write** about what is most important in a friendship or family relationship.



- Is there anything you would like to change?
- Is there anything you would like to add?



# Additional activity

### Give me 5!

If a special person is far away or we don't see them that often, what are some fun ways to let them know we still care?

Think of five different ideas!

Use one of your ideas to let them know you are thinking about them and why they are special to you.

