

Unit 3 Home Learning Week 8

Thursday - RE

What do Sikhs believe?

Today we will be...

Finding out why Sikhs believe people should work hard and live honestly.



Religions have core beliefs. These beliefs are a bit like rules that people choose to live their lives by.

Can you remember the Sikh core beliefs we have already looked at?

Think, pair, share.

We have looked at the Sikh beliefs that **everyone is equal** and that **God should be remembered at all times.**



How do Sikhs remember God?

Think, pair, share.



Sikhs remember God in lots of different ways. Some of the things they wear remind them of God, like their bracelet. Another way Sikhs remember God is to meditate each day.



The kara.



Another Sikh belief is that people should work hard and live honestly.

Do you work hard?

Think, pair, share.



Police officers work hard.



They look after us when we need help.

They find people who get lost.

They tell people how to keep their belongings safe.

They arrest people who break the law.

They write reports about crimes that have happened.



Doctors work hard.

They look after us when we need help.

They tell us the medicine we need to take to make us better.

They tell us how to be healthy.

They give us injections to stop us getting ill.

They write reports about our health.



What would happen if police officers and doctors stopped working hard?

Think, pair, share.



If police officers stopped working hard we might not feel safe. If doctors stopped working hard we might not recover when we are ill.

Should police officers and doctors be honest?
What would happen if they weren't?
Would this be a good place to live if they were lazy and dishonest?

Think, pair, share.



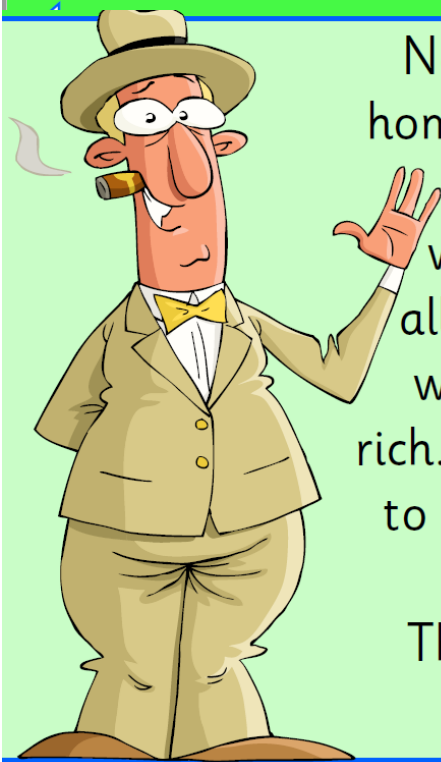
Are you always honest?
Is it easy to be honest all the time?

Think, pair, share.

Plenary

This Sikh story is called The Honest Work of Lalo.

Guru Nanak travelled all around India with some of his friends. When they approached one village the people that lived there became very excited. A carpenter called Lalo who lived there ran to meet him. Lalo fell at Nanak's feet and said, "I am honoured to meet you, please come to my house so I can serve you."



Nanak agreed and he went to the carpenter's home. Nanak and his friends ate the simple food the carpenter gave them. Even though it was simple it was made with love and they all enjoyed eating it. In the same village there was a man called Malik Bhago. He was very rich. Malik sent a messenger to Nanak to ask him to come to a feast at his home. Nanak told the messenger he would not come.

Then the messenger became scared and said, "Malik will beat me if you do not come."

Nanak went to Malik's house. He didn't eat any of the feast, instead he sat and meditated. Malik was angry. He asked Nanak why he would eat simple food at Lalo's house but he would not eat expensive food at his house. Nanak said he would show him why. He sent someone to Lalo's house to bring him a chapati. Nanak held up the chapati and he squeezed it. Milk came out of it. Then he held up a chapati from Malik's house. When he squeezed it, blood came out.



Nanak explained Lalo was honest and he worked hard. His food was made with love. Malik was not honest and he didn't work hard. His servants were scared of him so his food was made with fear.



Why didn't Guru Nanak want to go to the feast?

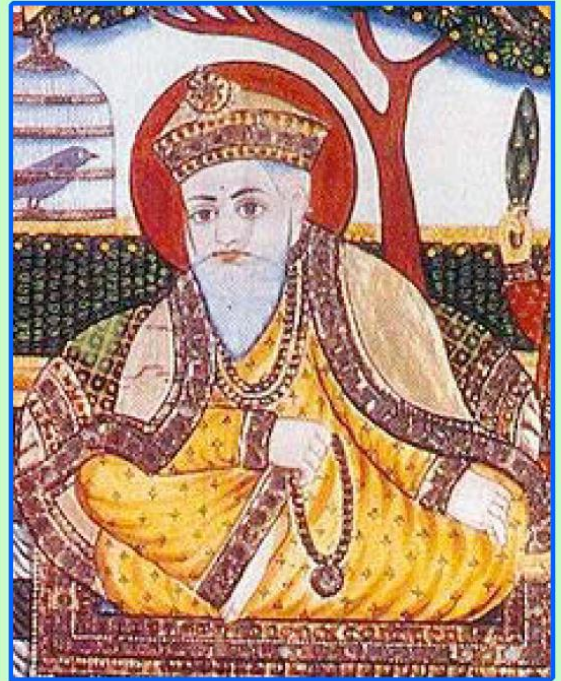
Think, pair, share.

Guru Nanak said, "Taking away the rights of others is like taking their blood. It pollutes the mind."



What do you think he meant by this?

Think, pair, share.



Everyone is doing the same activity for this lesson. There are three scenarios.

What would you do for each scenario?
If you want, make a pledge/promise ..



Read each scenario and then see if you can answer the questions.
Make sure you include how you know in each of your answers.

Umar is finding her maths work difficult. Her teacher tells her to come back to the classroom after she eats her lunch, so she can get some extra help. Umar wants to play outside with her friends so she pretends she forgot to go.

Is Umar working hard?

Is Umar living honestly?

Arjun has discovered that his friend stole some sweets from the local shop. His friend has said he will pay for them later. He promises he won't do it again and gives Arjun half of the sweets. Arjun eats the sweets and decides not to tell a grown-up.

Is Arjun living honestly?

Is Arjun's friend living honestly?

Max enjoys playing computer games and watching TV. He often stays up late to do this. Max has started yawning in class and falling behind. His teacher is worried about him. When his teacher asks why he is so tired Max shrugs his shoulders.

Is Max working hard?

Is Max living honestly?

My name is _____

I promise to work hard at _____

I am going to do this by _____
