

Dear Parent,

Your child is learning how vowels, (a, e, i, o, u) can make different sounds. For example ‘e’ can have a short vowel sound (‘e’ as in ‘met’) or a long vowel sound (‘e’ as in ‘meat’). All these words contain a long ‘e’ sound and follow the spelling rule given below. Please help by practicing these words with your child.

- Point out the ‘ea’ sounds and how the letter patterns ‘eal’, ‘eak’, ‘eam’ make the words rhyme. Try to think of other words that follow the same pattern.
- Discuss the meaning of the words and try to think of a sentence containing the word.

Thank you for your help.

Rule	<i>When two vowels go out walking the first one does the talking, so ‘ea’ makes a long ‘e’ sound.</i>
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eal <i>(list 7:1)</i>	Practice 1 <i>(copy into space)</i>	Practice 2 <i>(copy again)</i>	Practice 3 <i>(fold and hide)</i>	Can spell word <i>(check and correct)</i>
meal				
deal				
real				
heal				
steal				

eak <i>(list 7:2)</i>	Practice 1 <i>(copy into space)</i>	Practice 2 <i>(copy again)</i>	Practice 3 <i>(fold and hide)</i>	Can spell word <i>(check and correct)</i>
beak				
leak				
creak				
sneak				
speak				

eam <i>(list 7:3)</i>	Practice 1 <i>(copy into space)</i>	Practice 2 <i>(copy again)</i>	Practice 3 <i>(fold and hide)</i>	Can spell word <i>(check and correct)</i>
cream				
dream				
gleam				
steam				
stream				