

Tips to help manage the morning routine

Mornings can be hectic sometimes so our parents have come up with a few handy hints to help you manage the morning routine more easily...

Prepare packed lunches the night before.

Challenge your child to see how quickly they can get dressed. Can they beat their time the next day?

Get your children to put their book bags and uniforms in the same place everyday so that they can find them easily in the morning.

If you find that your morning routine takes a long time, wake up earlier to ensure your child makes it to school on time.

Use an incentive to help children get ready quicker such as 'first put on your uniform, then you can play/watch TV for 10 minutes.'

Use a reward chart to help motivate children to eat their breakfast e.g. when you have eaten your breakfast you can put a sticker on your chart.

A good bedtime routine helps to create a good morning routine.



Thank you to these parents for helping to generate these useful tips.

